

# Weekly Program FiemmE-Motion Family

#### FROM JUNE 9TH TO SEPTEMBER 29TH 2019

BOOKING OF THE ACTIVITIES WITHIN 6.30 PM OF THE PREVIOUS DAY PHONE +39 331 9241567

CHILDREN BORN AFTER 01.06.2011 DO NOT PAY CHILDREN BORN AFTER 01.06.2003 HAVE A 30% DISCOUNT

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fiemme.motion

All activities for a holiday full of flavors included in the FiemmE-Motion Summer Card.

### Sunday

10.00 am - 12.00 pm - Natural Park Paneveggio, Meeting point at the Visitor's Centre THE FOREST OF THE VIOLINS A guided walk along the Naturalist Route and crossing of the fabulous ravine of Travignolo and visit to the deer area. (From 30/6 to 1/9) Suitable for strollers. € 3,00 per person.

10.00 am - 12.00 pm - Natural Park Paneveggio, Meeting point at the Visitor's Centre MARCIÒ ROUTE Guided tour with jokes and stories for children. (from 09/6 to 23/6 and from 08/9 to 22/9). Suitable for strollers. Guided walk by "Sentieri in Compagnia".

5.00 pm - 6.30 pm Predazzo, Meeting point at the Geological Museum of the Dolomites GEOLABS: THE MARVELS OF NATURE Geological workshop by the Geological Museum of the Dolomites. (From 07/7 to 08/9). € 3,00 per child.

9.00 - 10.00 pm Castello di Fiemme, Meeting point at the Segantine square THE MAGIC DEER (07/7, 21/7, 04/8, 18/8)
Alternated with:
9.00 - 10.00 pm Panchià, Meeting point at the Church THE MEMORY OF WATER
SPECTACULAR TALES with the theatre company "La Pastière". (14/07, 28/07, 11/08, 25/08). Suitable for strollers.

#### Monday

8.30 am - 17.30 pm Val Cadino, Meeting point at the square cable car valley bottom Alpe Cermis THE VAL CADINO

Visit to the exhibition of the wood supply chain and guided hike in the woods, following the traces of men and animals to discover the forest with the aid of paper and compass for orientation (from 01/7 to 02/9).

€ 5,00 per person.

10.00 am- 11.00 am Masi di Cavalese, Meeting point at the forest nursery "Lagorai". THE BIODIVERSE VEGETABLE GARDEN

Discovering herbs, ancient varieties and rural wisdom. By the farming Cooperative Terre Altre (from 24/6 to 30/9).

10.00 am - 12.00 pm Castello di Fiemme, Meeting point at the soccer field. ARCHEOLAB AT DOSS ZELOR Tour of the archeological site of Doss Zelor, a funny workshop exploring the ancient way-of-life in Val di Fiemme. (from 01/7 to 02/9) In collaboration with Ass. La Bifora and the Palazzo della Magnifica Comunità di Fiemme. € 4.00 per child. Age limit 5 years old.

10.00 am - 12.30 pm Predazzo, Meeting point: Geological Museum. THE VOLCANO TALES Spectacular Tales by the acting company "La Pastière". (From 17/6 to 02/9). Not suitable for strollers.

2.30 pm - 4.30 pm Ziano di Fiemme, Meeting point: Sadole c/o firehouse barracks TRUE LIVING OF ALPINE PASTURES

Maybe he who hesitates is lost, but he who slows down will rediscover himself through the rhythm of high altitude alpine pasture...(from 24/6 to 2/9). Spectacular tales with the theater company "La Pastière".

Not suitable for strollers

## Tuesday

8.45 am - 2.00 pm Cavalese, Alpe Cermis, meeting point at the Cavalese ticket office or in the valley bottom

STARS ROCK

At the discovery of the world of rocks. If you know how to search carefully, you will find so many surprises. Have you ever seen the "Stars rock"? Is it the most precious stone hiding around the lake... are we looking for it together? (from 25/6 to 10/9).

 $\in$  2.50 (gadget). Minimum age 6 years accompanied by at least one adult. Not suitable for strollers.

10.00 am - 12.30 pm - Tesero loc. Pampeago, Meeting point at the Agnello lift DON'T CALL ME... KRAMPUS Often spotted, never been photographed. According to the tradition, he is quite simi- lar to his relatives from South Tyrol. Some people call him "Om Selvadech", other count David... (from 2/7 to 3/9). Spectacular tale with the theatre company "La Pastière". Not suitable for strollers.

10.00 am - 12.30 pm - Passo Lavazé, Meeting point at Hotel Bucaneve MASTERS BURRAI To make butter as our ancestors used to do. Guided walk by "Sentieri in Compagnia" (from 11/6 to

10 make butter as our ancestors used to do. Guided walk by "Sentieri in Compagnia" (from 11/6 to 03/9). Suitable for strollers. Possible lunch in malga. € 3,00 per child.

10.00 am - 1.00 pm - Ziano di Fiemme, Meeting point at the main square E-FAMILY BIKE Ride with us through the towns of the valley along the cycle route and gravel roads. Guided tour and basics of e-bikes.

Rental e-bike family special (2 e-bike adults + kids bike trailer: € 35 (from 18/6 to 3/9).

3.30 - 5.30 pm - Tesero – Pampeago, meeting point at the chairlift station Tresca ONE DAY AS A FARMER

At Malga Pampeago the kids and their parents can take care of calves, donkeys and pigs. While waiting for the cows coming back from the pastures, you'll taste fresh milk, bread with jam (from 02/7 to 03/9) Suitable for country strollers.

3.00 - 5.00 pm Trodena, Meeting point at the Monte Corno park Visitor Centre.BAKING BREAD IN TRODENAWe make bread with the flavors and times of the past.Opportunity to visit the Park Visitor Center. (from 11/6 to 27/8).It is possible to use the stroller.

3.30 pm - 5.30 pm - Passo Lavazè, Meeting point at the Malga Ora THE MILKING Children milk the cows, then taste their milk with a typical sweet in the malga (from 25/6 to 03/9). € 20,00 per family. Suitable for strollers.

5.00 pm - 6.30 pm - Predazzo, Meeting point Geological Museum of the Dolomites LEGENDARY DOLOMITES Guided visit to the museum with experiments for aspiring geologists (from 23/7 to 3/9). € 2,00 per child.

#### Wednesday

9.00 am - 12.30 pm - Malga Sadole, Ziano di Fiemme, Meeting point at the parking area Firemen Fire Station

LIFE IN A MOUNTAIN HUT

Guided walk to taste wholesome and delicious products and know how they live in a mountain

dairy (from 26/6 to 4/9). € 3,00 per person.

9.00 - 9.45 am - Val di Fiemme WEDNESDAYS WITH THE RESERVE An exit to discover the most interesting reserves of Val di Fiemme. Guided excursion in collaboration with territory and half mountain guides. Children from 10 years. Time and meeting point will be communicated at the moment of the reservation. (From 10/7 to 4/9).

Ore 9.30-12.30 Tesero, loc. Pampeago, Meeting Rifugio Agnello. METEO LAB - HOW WILL THE WEATHER BE LIKE?

Good question! Look at the sky carefully, feel the wind direction, draw a map of the clouds and read the meteorologist's tools. An experience for anyone who wants to learn the secrets of the weather along a simple panoramic route (from 03/7 to 04/9).

Activities with a walk; it is not possible to use the stroller; minimum age 6 years. A nice opportunity to stop for lunch at the refuge.

9.30 am - 12.00 pm - Cavalese, Alpe Cermis, meeting point at the Cavalese ticket office.

Possibility to do the activity even in the time 2.30 pm - 5.00 pm.

ONE TIME GAMES

Would you like to spend a day outdoors simply "playing"?

Your grandparents when they were children...tournaments, bags courses, tug-of-war competitions and much more. At the end awarding and a healthy snack with bread, jam and elderflower syrup. (from 26/6 to 18/9).

€ 2.50 per child (gadget and ski lift included).

10.00 am - 12.30 pm - Passo Lavazè, Meeting point at the lake for fishing for rainbow trout. ZERO-MILE FISHING AND LUNCH

Try fishing the rainbow trout at the small lake. The caught fish will be cooked at the local Bucaneve Restaurant and served with potatoes (from 19/6 to 18/9) Fishing equipment and assistance are provided; fishing license is not required.

€ 14,00 per person.

3.15 - 4.15 pm - Cavalese, Meeting point at the remote heating power plant, Via Pillocco 4 (near the soccer field).

EVERYTHING DESERVES A SECOND CHANCE

Deep exploration of the sustainable energy production of BioEnergia, from the recycling of wood and organic waste. Discovery the process for the production of energy and wooden pellets, with videos and animations (from 12.06 to 11.09).

4.00 - 6.00 pm - Carano, Meeting point Carano, in Calvello at Mas Vinal

FLAVOR OF THE NATURE

Visit the fields of medical herbs used to prepare our infusions "Herbs of the Alps" that you can taste. Try also our sensory path and visit our small farm (from 12/6 to 11/9). € 6,00 per person.

4.00 - 6.00 pm - Tesero loc. Stava
ON THE WALL LIKE SPIDER MAN
At the indoor climbing wall of Stava.
Activity coordinated by the Mountain Guides (from 12/6 to 18/9).
€ 5,00 per person.

### Thursday

10.00 am - 12.30 pm - Passo Lavazé, meeting point at Hotel Bucaneve THE ART OF CHEESE MAKING Along an easy trail we will reach Malga Ora where Richard will tell us about the se- crets of cheese making. Following, workshop for children by "Sentieri in Compagnia" (from 13/6 to 5/9). Suitable for strollers, possibility to have lunch in the mountain hut. € 3,00 per child.

10.00 am - 12.30 pm - Bellamonte, Meeting point at Hotel Sole SUDDENLY A TALE Story-tellers wearing a costume lead you in the meadows and stories of Bellamonte. Spectacular Tales by the acting company La Pastière. (From 20/6 to 5/9). Not suitable for strollers.

2.30 - 4.30 pm - Bellamonte, Meeting point at Hotel Stella Alpina.

CHATS AT THE GRANDPA GUSTAVO'S

The lively collection of 2000 original Rinaldo objects, where you can learn about and relive the world of our grandparents. Guided tour in collaboration with the operators of the Magnifica Comunità di Fiemme. A spectacular story with the theater company "La Pastière". (from 20/6 to 5/9). Suitable for strollers.

2.30 - 4.30 pm - Tesero, Pampeago, Meeting point at Rifugio Monte Agnello (chair-lift from Pampeago)

LITTLE MOUNTAIN DELICACIES

Cooking workshop Prepare, cook and taste revisited mountain specials at Rifugio Monte Agnello while mums and dads wait for the young chefs holding the tasting fork! (from 3/7 to 5/9).

3.30 pm - 5.30 pm - Passo Lavazè, Meeting point: Malga Ora

THE MILKING

The Milking afternoon at Malga Ora to try to milk cows. Your children milk the cows, then taste their milk and a typical sweet in the mid-afternoon in the malga (from 27/6 to 05/9). Guided excursion by "Sentieri in Compagnia". Suitable for strollers.

€ 20,00 per family.

4.30 - 6.00 pm - Cavalese Meeting point at Magnifica Comunità di Fiemme.

HISTORY AND ART IN THE FAMILY

An occasion to visit the Magnifica Comunità di Fiemme seat palace and the Contemporary Art Center in a playful way, for both children and adults. (from 04/7 to 05/9).

Activity recommended for children aged 5 to 12 years.

€ 4,00 per child.

5.00 pm - 6.30 pm - Predazzo Meeting point: Geological Museum of the Dolomites. GEOLABS: THE MARVELS OF NATURE Geological workshop by the Geological Museum of the Dolomites. (from 04/7 to 05/9). € 3,00 per child.

## Friday

10.00 am - 12.30 pm - Bellamonte, loc. Castelir, Meeting point at the intermediate station Telecabina

TESORIENTEERING HUNT

With the Gnomes' Den. A game morning in an exciting treasure hunt with the use of compasses, which will lead the participants to make their emotions "fly". (from 28/6 to 06/9). Recommended activity for families with children from 6 years. € 5,00 per child.

10.00 am - 12.30 pm – Pampeago, Meeting point at Agnello chairlift OM SELVADECH'S PUPPIES GROW AT THE DAI VENTI HUT For a mutual, natural, sustainable life is not enough to look at what the forest suggests now it is

For a mutual, natural, sustainable life is not enough to look at what the forest suggests now it is necessary to put into practice. Om Selvadech's puppies hide everywhere around; acting all together every day (from 5/7 to 6/9) Spectacular tale with the theater company "La Pastière".

10.00 am - 12.30 pm - Passo Lavazè, Meeting point at the lake for fishing for rainbow trout. ZERO-MILE FISHING AND LUNCH

Try fishing the rainbow trout at the small lake. The caught fish will be cooked at the local Bucaneve Restaurant and served with potatoes (from 19/6 to 18/9).

Fishing equipment and assistance are provided; fishing license is not required. € 14,00 per person.

10.00 am - 12.30 pm - Capriana, loc. Rover, Meeting point at the fork for Carbonare su ss. 612. FIORDALISA

Have you ever seen the pepper that pretends to be tomato? And the purple beans? No?? This is the opportunity! I will tell you about my old variety vegetables, but also about flowers and herbs that I use to measure time!

During the visit we will make an aromatic salt (from 14/6 to 20/9).

2.30 - 5.30 pm Predazzo, Meeting point at the Valleverde Campsite.

CAVA DE LE BORE

Funny and intriguing outdoor game (from 21/6 to 6/9) Spectacular tale with the theatre com- pany "La Pastière".

### Saturday

10.00 am - 14.00 pm Bellamonte, Meeting point at the intermediate cableway station HIKING CLASSES

Learn all you need to know to hike safely. Mini-course of hiking for children and their parents. Through games, kids will learn what to put in their backpacks, what to wear, how to use a map and a compass and the safety rules of hiking. Activity for families with kids over 8. (from 22/6 to 7/9) € 5,00 per child.

10.00 am -12.30 pm - Ziano di Fiemme, Meeting point at the Firemen Station. EL DIAOL DAL GAZO

An itinerant tale in the woods in search of the little devil who, it is said, burned Ziano and turned the forest upside down... (from 22/6 to 07/9).

Not suitable for strollers. Spectacular tale by the theatre company "La Pastière".

10.00 am - 14.00 pm - Cavalese, Meeting point at Alpe Cermis lower cableway station at the bottom of the valley.

#### SALAZADA AND THE PASCOLO OF THE DISCOVERIES

Simple walk from Doss dei Laresi to Salanzada following the signs that nature suggests and looking for traces of the inhabitants of the forest. (from 29/6 to 14/9). Guided excursion by "Sentieri in Compagnia". Stroller yes, possibility of lunch in a hut.

10.00 am - 17.00 pm - Capriana, Meeting point: Piazza Roma.

THE TREASURES OF CAPRIANA

Easy walk and visit to the Meneghina Mill. We then move to Prà dal Manz. In the afternoon, a walk in the woods to collect plant material, a wool coloring lab and a souvenir.

At the end of the day guided game for children at the Giocabosco park (from 06/07 to 24/8). It is possible to use the country stroller.

€ 5,00 per person.

4.30 - 5:45 pm - Cavalese, Meeting point: Parco della Pieve. THE BEE'S LIFE A beekeeper tells the hard-working world of our little friends. Afterwards, tasting of the various kinds of honey of Fiemme. (from 24/6 to 07/9).

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