

# Weekly Program FiemmE-Motion Active & Nature

#### FROM JUNE 9TH TO SEPTEMBER 29TH 2019

BOOKING OF THE ACTIVITIES WITHIN 6.30 PM OF THE PREVIOUS DAY PHONE +39 331 9241567

CHILDREN BORN AFTER 01.06.2011 DO NOT PAY CHILDREN BORN AFTER 01.06.2003 HAVE A 30% DISCOUNT

FOR MORE INFORMATION VISIT WWW.VISITFIEMME.IT









fiemme.motion

All activities for a holiday full of flavors included in the FiemmE-Motion Summer Card.

## Sunday

10.00 am - 12.00 pm Natural Park Paneveggio, Meeting point at the Visitor's Centre THE FOREST OF THE VIOLINS A guided walk along the Naturalist Route and crossing of the fabulous ravine of Travignolo and visit to the deer area. (from 30/6 to 01/9) Suitable for strollers. € 3,00 per person.

4.00 pm - 6.00 pm Predazzo, Meeting point at the parking between the sports field and stables (Via Lagorai).

WANT TO TRY ROLLER-SKIING?

Cross-country ski in the summer too: afternoon dedicated to roller-skiing for beginners with a cross-country ski instructor. Lesson suitable for adults and children. (from 16/6 to 15/9). € 20,00 per child/adult, rental equipment included.

9.00 pm - 10.00 pm Castello di Fiemme. Meeting point at the Segantine square THE MAGIC DEER (7/7, 21/7, 4/8, 18/8) Spectacular tales with the theatre company "La Pastière". (08/7, 22/7, 05/8, 19/8) Alternated with: 9.00 pm - 10.00 pm Panchià, Meeting point at the Church THE MEMORY OF WATER SPECTACULAR TALES with the theatre company "La Pastière" (14/7, 28.7, 11/8, 25/8). Suitable for strollers.

## Monday

8.45 am - 3.00 pm Tesero loc. Pampeago, Meeting point at the Agnello chairlift. MONTE AGNELLO TOUR

Guide excursion with alpine guide. From the arrival of the Agnello chairlift towards La Porta on path 509. From La Porta we will continue following the same trail in the direction of the "baita" Valbona. Later, following the path 515 we will reach the area of Tresca (possibility to walk to the top of the Monte Agnello at an elevation of 2.358m or continue on the low path) and from there after about 20 minutes we will be back to the arrival of the Agnello chairlift, to descend to Pampeago (from 1/7 to 2/9) - for children over 8.

10.00 am - 1.00 pm Ziano di Fiemme, Meeting point at the main square. E-BIKE TOUR Easy ride, come and ride with us. Tour with guide (from 17/6 to 2/9). Guided excursion by "Sentieri in Compagnia"

## Tuesday

8.45 am - 3.00 pm Cavalese – Alpe Cermis, Meeting point cableway station or at the bottom of the valley

BOMBASEL LAKES

Excursion with alpine guide. In a silent hollow framed by the peak Castel di Bombasel, you will find the Bombasel lakes, with their light emerald green glare. A special invitation to rest and reflect with didactic moments that will introduce the secrets of the lake and the mountains.

In the same day it is possible to try the pretty the new Cermiskyline via ferrata - for a fee and by reservation.

€ 35,00 per person + € 10,00 equipment rental + lift system cost.

From 12 years old. (From 25/6 to 10/9).

10.00 am - 1.00 pm Ziano di Fiemme, Meeting point at the main square

E-FAMILY BIKE

Ride with us through the towns of the valley along the cycle route and gravel roads. Guided tour and basics of e-bikes.

Rental e-bike family special (2 e-bike adults + kids bike trailer: € 35 (from 18/6 to 3/9).

3.30 pm - 5.30 pm Ziano di Fiemme, Meeting point at the botanical garden. BOTANICAL GARDEN Guided walk by "Sentieri in Compagnia" (from 18/6 to 10/9).

8.30 pm - 9.30 pm Tesero loc. Zanon, Meeting point at the Astronomical Observatory. VISIT TO THE ASTRONOMICAL OBSERVATORY AND PLANETARIUM OF TESERO (from 11/6 to 17/9) € 10,00 per person.

#### Wednesday

9.00 am - 15.00 pm Predazzo, Passo Feudo loc. Pampeago, reachable from Pampeago with the Latemar chairlift or from Predazzo with the Predazzo-Gardonè cable car + Gardonè chairlift-lasso Feudo.

GEOTREKKING TORRE DI PISA

Guided by an expert geologist, we will walk to get to Rifugio Torre di Pisa, to discover the submerged side of an ancient island that emerged 240 million years ago from the Triassic Sea. We continue exploring the atoll up to the Forcella dei Camosci and through the depth of a tropical sea we return to the starting point. (From 3/7 to 28/9).

9.00 am - 9.45 am Val di Fiemme

WEDNESDAYS WITH THE RESERVE

An exit to discover the most interesting reserves of Val di Fiemme. Guided excursion in collaboration with territory and half mountain guides.

Children from 10 years.

Time and meeting point will be communicated at the moment of the reservation. (From 10/7 to 4/9).

10.00 am - 12.00 pm Cavalese - Alpe Cermis, meeting point at cableway station at the bottom of the valley

MOUNTAIN BIKE GUIDED TOUR

Tour with guide. Departure from the cableway station at Doss dei Laresi by bike, then by cableway to reach Salanzada. Possibility to continue towards Valmoena. Medium difficulty excursion, mainly downhill. Bike rental not included + lift cost. (from 19/6 to 18/9).

6.00 pm - 8.00 pm Passo Rolle

THE TASTE OF THE DOLOMITES

From Passo Rolle we will reach the Capanna Cervino for a little tasting of local products while waiting for the sunset on the Cimon de la Pala (from 19/6 to 25/9).

Possibility to have dinner at the mountain hut (à la carte menu not included) € 6,00 per person.

## Thursday

9.30 am - 2.00 pm Tesero loc. Stava, Meeting point at the Fondazione Stava 1985 THE MEMORY ROUTE not to forget the disaster. Guided walk by Fondazione Stava 1985 and of Medium Mountain Guides. (from 27/6 to 5/9).

10.00 am - 1.00 pm Ziano di Fiemme, Meeting point at the main square E-BIKE TOUR Through Val di Fiemme, tour with guide. E-bike rental: € 15,00 per person (from 20/6 to 5/9).

2.30 pm - 4.30 pm Bellamonte, Meeting point at the Hotel Stella Alpina CHATS AT THE GRANDPA GUSTAVO'S BARN

The lively collection of 2000 original Rinaldo objects, where you can learn about and relive the world of our grandparents. Guided tour in collaboration with the operators of the Magnifica Comunità di Fiemme. Suitable for strollers. Spectacular stories by the theatre company "La Pastière" (from 20/6 to 5/9).

3.00 pm - 6.00 pm Lavazè, meeting point at the ski school NORDIC WALKING basics and walk in the Passo Lavazè. (From 20/6 to 19/9).

## Friday

8.30 am - 5.30 pm Cavalese, Meeting point at Alpe Cermis lower cableway station at the bottom of the valley

THE VALFLORIANA AND MALGA SASS

Guided excursion from Malga Sass towards Val Cadino. Interesting and unusual itinerary at high altitude in the forest, where vegetation is pioneer and precious flowers. We will see the monumental pine forest "Zirmo dei Zochi alto" and the Lago delle Laste... (from 5/7 to 6/9). € 5 per person, children from 12 years.

10.00 am - 1.00 pm Passo Lavazè, Meeting point at Vuerich Shop E-BIKE RIDE AT THE UPLAND Guided tour along the routes to Passo Lavazé-Oclini with the possibility to reach the Madonna di Pietralba Shrine (from 21/6 to 13/9). € 20,00 per person, e-bike rental included.

## Saturday

9.00 am - 1.00 pm Carano, meeting point at the elementary school (light blue building) via Giovanelli, 2.

DEFENDING THE PASS

The trenches in Passo San Lugano. Excursion among meadows and woods, discovering the defensive trenches used to control Passo San Lugano. Guided excursion by "Sentieri in Compagnia" (from 15/6 to 21/9). Children over 8.

BOOKING OF THE ACTIVITIES WITHIN 6.30 PM OF THE PREVIOUS DAY PHONE +39 331 9241567

CHILDREN BORN AFTER 01.06.2011 DO NOT PAY CHILDREN BORN AFTER 01.06.2003 HAVE A 30% DISCOUNT

FOR MORE INFORMATION VISIT WWW.VISITFIEMME.IT